



Drug Addiction Treatment Program

Call Summit Estate today to get started
on your recovery!

800.701.6997



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at [866-679-9855](tel:866-679-9855) or use our convenient online form to speak to one of our associates about your treatment options.

About Our Drug Addiction Treatment Program

If you're struggling with an addiction to illegal drugs, such as heroin or cocaine, or prescription medications, like opioids, you may feel overwhelmed. These substances can impact nearly every aspect of a person's life, leaving them feeling isolated and out of control. Fortunately, there are treatment options available. A drug detox program can help you [withdraw from these substances](#) in a safe and relatively comfortable manner. Once you finish the detox process, you can enroll in the luxury drug addiction treatment program at Summit Estate Recovery Center.

At Summit Estate Recovery Center, we are committed to providing the best possible treatment for all of our clients, whether they choose to enroll in our outpatient treatment options or inpatient programs. With a wide array of therapeutic modalities that we tailor to the needs of our clients, we ensure each client receives the care they need to stay free of drugs and alcohol after leaving our program. Please don't let drugs rule your life any longer. Reach out to Summit Estate Recovery Center today

Summit Estate Recovery Center is a premier [luxury drug rehabilitation center](#) in the Bay Area, boasting a highly-trained staff and an expansive, beautiful residential location among Northern California's Santa Cruz Mountains. Our drug addiction treatment program in California is second-to-none, as we keep a high staff-to-client ratio and expertly guide our patients through each step of the recovery process.

If you or your loved one needs [treatment for drug abuse](#), our holistic treatment program in a picturesque private setting is the perfect way to clear the mind and achieve the goal of sobriety. Are you hoping to find substance abuse treatment services? If so, our San Jose, California facility features many of the same therapy exercises and utilizes the same treatment methodology as our Los Gatos, California residential rehabilitation location.

What to Expect at Summit Estate's Drug Addiction Treatment Program in California

At our exclusive inpatient drug addiction treatment program in California, we design a unique detoxification and recovery plan for each client. The client begins their recovery steps with medically supervised detox, complete with physician-prescribed medication, to be as safe and comfortable as possible during the process. After completing detox, each client will participate in both group and one-on-one therapy sessions. Our compassionate and professional staff will lead these sessions to ensure that each client gets the support they need to remain sober outside of treatment. Clients will also have the opportunity to attend our optional 12-step meetings.

Clients are served meals prepared by our onsite chef. This team member considers the nutritional needs of those going through drug abuse treatment, providing plenty of healthful, delicious options to promote healthy recovery. Furthermore, our clients participate in a series of customized, holistic therapy exercises such as yoga, acupuncture, and outdoor activities. These activities can assist clients in breaking the patterns of behavior contributing to drug relapse after their stay.



*I came to **Summit Estate** and was truly amazed at the kindness, caring, and knowledge of the staff. I left Summit Estate after having worked out many issues that had lead me to stop doing all the things that kept me so happy and sober previously. I departed with an awesome exit strategy and began life **a new man**.*

– B. B.

Outpatient Drug Addiction Treatment Options

Summit Estate's outpatient drug addiction treatment program in California offers clients a number of therapy session options, such as family, couples, one-on-one, and group therapy with professional drug abuse counselors. Each recovery plan is tailored to the client's needs. Our San Jose outpatient location also serves as an extended and continued care facility and is perfect for executive drug and alcohol treatment. Some clients can transition to the outpatient facility after the first 30 or 60 days of their drug addiction treatment programs if authorized by our team of physicians. Those who have graduated

from our residential addiction treatment program and reside in or near the San Jose area can receive continued care because we know that sobriety is a life-long process requiring support and continued focus.



What We Treat

Summit Estate's highly trained medical staff provides [treatment for all types of drug abuse](#) and the detrimental effects on users, both physically and mentally. At our drug addiction treatment program in California, we address a wide range of addictions.

Heroin Addiction:

Heroin addiction is one of the leading causes of opioid overdoses across the country. This substance is an opioid that comes from morphine, a natural substance that comes from the opium poppy plants that grow in South Asia, Columbia, and Mexico. When someone takes heroin, it binds to the opioid receptors in the brain, sending a flood of dopamine to the brain. This chemical provides the euphoric rush that heroin is famous for causing.

Unfortunately, as people continue to take heroin, the brain forgets how to create dopamine naturally, causing the body to become dependent on the next dose. It is often necessary to attend a heroin addiction treatment program to recover from this addiction.

Cocaine Addiction:

Cocaine addiction is one of the most common drug addictions in the United States. Cocaine is a potent and addictive stimulant that comes from the coca plant in South America. Some healthcare providers use this substance for medical purposes, but in most cases, cocaine is an illegal substance. Drug manufacturers may have mixed this drug with talcum powder, cornstarch, or flour, as well as other stimulants, such as amphetamines. It's vital to stop using cocaine addiction to avoid the long-term consequences of this substance.

Meth Addiction:

Methamphetamine is an illegal and highly addictive stimulant that is chemically similar to prescription amphetamines, which doctors use to treat ADHD or narcolepsy. This substance provides a rapid high that starts and stops quickly, leading people to use it in a binge and crash pattern. They may take this substance for several hours, up to several days. However, meth leads to a range of physical and health problems. As a result, it is critical to find a meth addiction treatment program

as soon as possible if you are using this drug.

Opioid Addiction:

Opioids come in various shapes and forms, but, like heroin, they are all derived from the opium poppy plant. Many people receive these medications from their doctors. However, they may use the medication over an extended period of time or in doses higher than their doctor's prescription. In such cases, they may become addicted, leading to the need for an opioid addiction treatment center.

Prescription Pill Addiction:

Prescription medications are more addictive than many people know or recognize. There are four primary types of prescription medications that people become addicted to, which are:

- Opioids
- Depressants
- Barbiturates
- Amphetamines

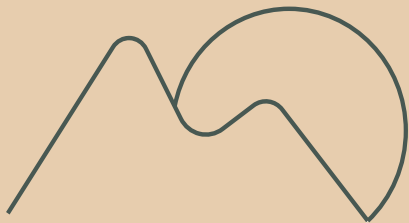
At Summit Estate Recovery Center, we're proud to offer a wide variety of treatment programs for prescription pill addiction at our drug addiction treatment center.

Dual Diagnosis Treatment at Summit Estate Recovery Center

In addition to our drug addiction treatment program in California, we also treat dual diagnosis clients. After an initial assessment at Summit Estate, many users are found to have a pre-existing mental condition, also known as a co-occurring disorder, which plays a role in their drug dependence. Our experienced substance abuse counselors address both the addiction and the co-occurring disorder of each individual during their time with us to afford our clients the best chance of success for long-term drug addiction recovery.

Seek Treatment at Summit Estate Recovery Center

Are you ready to put an end to your substance abuse? The experts at Summit Estate Recovery Center want to help you. To learn more about how our California addiction treatment center can help you, contact Summit Estate Recovery Center today by calling [866-679-9855](tel:866-679-9855).



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